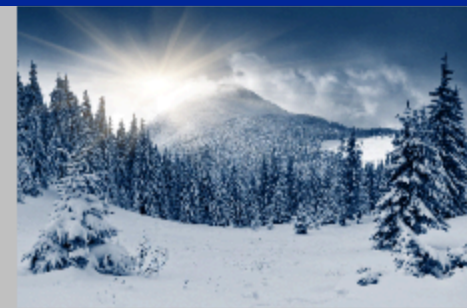




January 2025

Charles Manor



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALL ACTIVITIES IN BROWN ARE RESIDENT RUN	CARD GAMES EVERY WEEK NIGHT AT 6:30 IN THE ACTIVITY ROOM		 <p>1</p>	<p>9:30 Bean Bag Toss 2 11:00 Sit & Strong 2:00 Arts N Crafts - Creative Meeting</p>	<p>9:30 Shuffleboard 3 11:00 Chair Yoga 2:00 Bingo</p>	<p>9:00 Puzzle Room: Open All Days 4 1:30 Card Games 6:30 MusicTime</p>
<p>8:00 Fitness Room: Open All Days! 5 6:30 Movie Night</p>	<p>9:30 Indoor Bocce 6 11:00 Sit & Fit 2:00 Scrap Book Fun</p>	<p>9:30 Book Worms 7 11:00 Sit & Strong 2:00 Bingo</p>	<p>9:30 Wii Bowling 8 11:00 Chair Pilates 11:45 LUNCH BUNCH 2:00 Calendar Planning 3:00 Blood Pressure Clinic & Talk</p>	<p>Hearing Clinic 9 9:30 Bean Bag Toss 11:00 Sit & Strong 2:30 JANUARY BIRTHDAY PARTY w/ Paul James</p> 	<p>9:30 Shuffleboard 10 11:00 Chair Yoga 2:00 Bingo</p>	<p>9:00 Puzzle Room: Open All Days 11 1:30 Card Games 6:30 MusicTime</p>
<p>8:00 Fitness Room: Open All Days! 12 6:30 Movie Night</p>	<p>9:30 Indoor Bocce 13 11:00 Sit & Fit 2:00 Knit & Natter</p> 	<p>9:30 Book Worms 14 11:00 Sit & Strong 2:00 Bingo</p>	<p>9:30 Wii Bowling 15 11:00 Chair Pilates 2:00 Horse Races</p>	<p>9:30 Bean Bag Toss 16 11:00 Sit & Strong 2:00 Arts N Crafts - Winter Theme</p> 	<p>9:30 Shuffleboard 17 11:00 Chair Yoga 2:00 Bingo</p>	<p>9:00 Puzzle Room: Open All Days 18 1:30 Card Games 6:30 MusicTime</p>
<p>8:00 Fitness Room: Open All Days! 19 6:30 Movie Night</p>	<p>NAIL LADY 20 9:30 Indoor Bocce 11:00 Sit & Fit 2:00 You Be The Jury</p>	<p>NAIL LADY 21 9:30 Book Worms 11:00 Sit & Strong 2:00 Bingo</p>	<p>9:30 Wii Bowling 22 11:00 Chair Pilates 2:00 HAPPY HOUR W/ Sam Farrugio</p> 	<p>9:30 Bean Bag Toss 23 11:00 Sit & Strong 2:00 Arts N Crafts - Winter Theme</p>	<p>9:30 Shuffleboard 24 11:00 Chair Yoga 2:00 Bingo</p>	<p>9:00 Puzzle Room: Open All Days 25 1:30 Card Games 6:30 MusicTime</p>
<p>8:00 Fitness Room: Open All Days! 26 6:30 Movie Night</p>	<p>9:30 Indoor Bocce 27 11:00 Sit & Fit 2:00 Team Jeopardy</p>	<p>9:30 Book Worms 28 11:00 Sit & Strong 2:00 Bingo</p>	<p>9:30 Wii Bowling 29 11:00 Chair Pilates 2:00 Left, Right, Center</p>	<p>9:30 Bean Bag Toss 30 11:00 Sit & Strong 2:00 Arts N Crafts - Winter Theme</p>	<p>9:30 Shuffleboard 31 11:00 Chair Yoga 2:00 Bingo</p>	