

Charles Manor
333 Martin Street
Penticton, B.C.
V2A 5K7
250-492-3600

“Charlie’s Chatter”

JUNE 2022



Important Dates

LUNCH BUNCH	1ST
PATIO SOCIAL	1ST
WALK: MAIN ST	2ND
PERSONAL TOUCH CLOTHING SALE	3RD
BIRTHDAY PARTY W/ DESTINY	8TH
WALK: FRONT ST ART GALLERY/BAKERY	9TH
YOU BE THE JURY	13TH
CALENDAR PLANNING	14TH
OUTING: SS SICAMOUS & PICNIC	15TH
FATHERS DAY SPECIAL W/ THE DAD TRIO	17TH
BEACH VOLLYBALL	20TH
PATIO SOCIAL	22ND
HAPPY HOUR	23RD
TEAM JEOPARDY	29TH
RESIDENT TOWN HALL	30TH
WALK & WINE	30TH

AHHHHH. JUNE.

June has arrived at long last and it has lots of exciting stuff to offer.

Saturday farmers markets. The start of the music festival season. Summer officially starting from the 21st onward. Oh, and National Chocolate Pudding Day. I can't contain myself.

Ever wonder why June is such a popular month for weddings, apart from the good weather?

Well some say it was named after Juno, the Roman goddess of marriage. That's got to be lucky if you're tying the knot, right?

What's more interesting, in the early 20th century, June became such a popular name in North America, it was the 39th most picked for a baby girl (we're looking at YOU, June Erlendson!).

Ever the optimist, when I think of June I expect sun. Lots of sun. And there is nothing better than enjoying that sun in a comfy chair on a patio.

Well if you haven't been up to our own roof top patio (accessed on the 3rd floor) then we welcome you there to admire the beautiful plants that our residents have potted. Bring a good book to relax with or settle in for a chat with new friends, or old. Bring it on June!



Life at Charles Manor: CYCLING W/O AGE

Local volunteers called 'pilots' visit homes and centers around the community and offer rides on the Trishaw. Cycling without Age brings people together, in the great outdoors, experiencing the joy of travelling by bike. It's about creating relationships and connections between people which is so important, especially in these isolating times.

If you haven't already tried a ride—sign up at the front desk for a Tuesday morning “wind in your hair” experience!

IT'S FREE AND IT'S FUN!



Life at Charles Manor: MAY SOCIALS



Betty enjoying cake and her request of "The Tennessee Waltz"



May Birthday Babies: ART & STELLA!



CELEBRATING MOTHER'S DAY WITH FRIENDS!



LIFE AT CHARLES MANOR: MAY MOMENTS



A BEAUTIFUL DAY TO WALK TO THE
JAPANESE GARDENS



WHAT'S HAPPENING IN JUNE:

FRIDAY, JUNE 17TH AT 2PM

A FATHER'S DAY FESTIVITY!

COME, LIFT A DRINK TO ALL THE FATHER'S WHO WE HAVE
KNOWN AND LOVED, THEN AND NOW.

MUSIC BY OUR FAVORITE "DAD TRIO:
BARRY, RENEE AND KEN!

HAPPY HOUR WITH MIKE BUGYI

THURSDAY, JUNE 23RD @ 2PM

COME FOR THE MUSIC, STAY FOR THE FRIENDS!

WEDNESDAY, JUNE 8TH

2:30PM

A CELEBRATION OF JUNE BIRTHDAYS
WITH ENTERTAINMENT BY "DESTINY"

MONDAY

TUESDAY

WEDNESDAY

JUNE 2022



1

9:30 WII BOWLING
 11:00 CHAIR PILATES
11:45 LUNCH BUNCH
2:00 PATIO SOCIAL & PUZZLE CHALLENGE (BYOB)

2

9:30
 11:00
 2:00

6

9:30 INDOOR BOCCE
 11:00 SIT & FIT
2:00 SCRAPBOOK FUN

7

9:30 CYCLING W/O AGE
 11:00 SIT, FIT & STRENGTHEN
 2:00 BINGO

8

9:30 WII BOWLING
 11:00 CHAIR PILATES
2:30 BIRTHDAY PARTY W/ "DESTINY"

9

9:30
 11:00
2:00 ART

13

9:30 INDOOR BOCCE
 11:00 SIT & FIT
2:00 YOU BE THE JURY

14

9:30 CYCLING W/ AGE
10:00 CALENDAR PLANNING
 11:00 SIT, FIT & STRENGTHEN
 2:00 BINGO

15

11:00 BUS OUTING: TOUR OF THE SS SICAMOUS AND PICNIC IN THE ROSE GARDEN
 2:30 LINE DANCE LESSON

16

9:30
 11:00
2:00

20

9:30 INDOOR BOCCE
 11:00 SIT & FIT
2:00 BEACH VOLLYBALL

21

9:30 CYCLING W/O AGE
 11:00 SIT, FIT & STRENGTHEN
 2:00 BINGO

22

9:30 WII BOWLING
 11:00 CHAIR PILATES
2:00 CARDS AND BOARD GAMES ON THE PATIO (BYOB)

23

9:30
 11:00
2:00

27

9:30 INDOOR BOCCE
 11:00 SIT & FIT
2:00 TEAM JEOPARDY

28

9:30 CYCLING W/O AGE
 11:00 SIT, FIT & STRENGTHEN
 2:00 BINGO

29

9:30 WII BOWLING
 11:00 CHAIR PILATES
2:00 ICE CREAM 'MEET & GREET ' ON THE PATIO

30

10:1
 11:00
2:00

THURSDAY	FRIDAY	SATURDAY / SUNDAY
BEAN BAG TOSS SIT, FIT & STRENGTHEN MAIN STREET WALK	3 9:00-12:00 PERSONAL TOUCH FASHIONS CLOTHING SALE IN THE ACTIVITY ROOM (\$) 2:00 BINGO	4 1:30 CARD GAMES 6:30 MUSIC 1:30 MOVIE 5
BEAN BAG TOSS SIT, FIT & STRENGTHEN WALK TO FRONT STREET GALLERY & BAKERY (\$)	10 9:30 SHUFFLEBOARD 11:00 CHAIR YOGA 2:00 BINGO	11 1:30 CARD GAMES 6:30 MUSIC 1:30 MOVIE 12
BEAN BAG TOSS SIT, FIT & STRENGTHEN BINGO (DAY CHANGE)	17 9:30 SHUFFLEBOARD 11:00 CHAIR YOGA 2:00 FATHER'S DAY SOCIAL W/ RENEE & BARRY "TRIO"	18 1:30 CARD GAMES 6:30 MUSIC  1:30 MOVIE 19
BEAN BAG TOSS SIT, FIT & STRENGTHEN HAPPY HOUR W/ MIKE BUGYI	24 9:30 SHUFFLEBOARD 11:00 CHAIR YOGA 2:00 BINGO	25 1:30 CARD GAMES 6:30 MUSIC 1:30 MOVIE 26

10AM FIRE BELL TEST
5 RESIDENT TOWN HALL
 SIT, FIT & STRENGTHEN
WALK & WINE (\$)



FYI:
 *CARD GAMES **6:30PM**
 WEEKDAYS IN THE REC ROOM
 *ALL WKND ACTIVITIES ARE
 RESIDENT RUN AND SO MAY BE
 SUBJECT TO CHANGE

JUNE BIRTHDAY CELEBRATIONS!

Dolly Savage	June 6
Jeanne Underhill	June 7
Lydia Tremblay	June 10
Matt Cullen	June 13
Marian Blanchard	June 13
Beryl Prowse	June 16
Marge Sluchinsky	June 19
Diane Parton	June 20
Claude Filiatrault	June 21
Bev Waddy	June 24
Lorraine Lyneborg	June 25
June Erlendson	June 28



ANNOUNCEMENTS

FIRE BELL TEST: THURSDAY, JUNE 30TH@10am

NEXT TOWN HALL MEETING SCHEDULED JUNE 30TH @ 10:15am

JUNE Daily Chronicles will be available to read and share in the Activity Room and Breakfast Nook. Looking for word puzzles or coloring pages? Check the activity room round table or ask Sue!

PERSONAL TOUCH FASHION SALE: FRIDAY, JUNE 3RD 9-12 NOON

SERVICES

NAIL SERVICES:

NEXGEN HEARING CLINIC:

sign up at the front desk for both services

Life at Charles Manor: MAY MOMENTS

Bus outing: Peachland drive and lunch in The Blind Angler



Happy Birthday to Sonne!
A special lunch with his
sister and brother-in-law



Well worth the blustery
walk to the restaurant!
Cheers!



Hey!
WELCOME
We're *very* **GLAD**
you're here!

NEW IN JUNE:

ACTIVITY CALENDAR PLANNING

Please join us as we plan for JUNE.

TUESDAY, JUNE 14TH,

10:00 AM

IN THE RECREATION ROOM.

A GREAT WAY TO GET INVOLVED!

LUNCH BUNCH IS BACK!

A GREAT MEAL WITH EVEN BETTER COMPANY AT
THE "WILD GINGER" RESTAURANT



Things to do at Charles Manor: JUNE



LUNCH BUNCH

WEDNESDAY, JUNE 1ST

MEET IN THE LOBBY AT 11:45AM

**A LEISURLEY WALK TO THE BARKING PARROT WITH LUNCH ON THE
PATIO OVERLOOKING OKANAGAN LAKE**



NEIGHBOURHOOD WALKS IN JUNE

- THURSDAY JUNE 2ND: MAIN STREET STROLL W/WINDOW SHOPPING
- THURSDAY JUNE 9TH: FRONT STREET ART GALLERY AND BAKERY (\$)
 - THURSDAY JUNE 30TH: WALK AND WINE (\$)



BUS OUTING

Wednesday, June 15th

Departure at 11am

A tour of the S.S. Sicamous Museum followed by a picnic in the beautiful
Rose Gardens

SOME THINGS TO PONDER AS WE AGE

The inventor of the treadmill died at the age of 54.

The inventor of gymnastics died at the age of 57.

The world bodybuilding champion died at the age of 41.

The best soccer player in the world, Maradona, died at the age of 60.

And then...

KFC inventor died at 94.

Inventor of Nutella brand died at the age of 88.

Cigarette maker Winston died at the age of 102.

The inventor of opium died at the age of 116 - in an earthquake.

Hennessy cognac, Irish inventor, died at 98.

How did doctors come to the conclusion that exercise prolongs life?

The rabbit is always jumping, but it lives for only 2 years.

The turtle that doesn't exercise at all, lives 200 years.

So...

Have a drink...

Take a nap ...

And when you wake up, have some bacon and eggs.